



# Newsette



WWW.VHOC.ORG

P.O. BOX 10132 CANOGA PARK, CALIFORNIA 91309

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# April 11



## National Pet Day

### Save the Date

**Sunday June 9th** will be our next *General Meeting* that will also be a **Fetch Workshop**.

**10 AM to 3 PM**

(This is not a trial)

VHOC will provide the main course for a potluck.

This workshop will be at "The Field"

More information will be coming.

# Happy



### REMINDER

Remember to check the website

<http://www.vhoc.org>

for announcements, cancelled classes, upcoming events and other important club information.

If you know of a member who would appreciate receiving correspondence, such as a get-well card, sympathy card, etc., please email our Corresponding Secretary, Carole Hills, at [chills37@aol.com](mailto:chills37@aol.com)

### VHOC Board of Directors

**President**  
Shiro Torquato  
drshiro2000@gmail.com

**Vice President / General Mtg**  
Allison Roberts  
allison@mrmortgage.com

**Treasurer**  
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**Corresponding Secretary**  
Carole Hills  
chills37@aol.com

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**Membership**  
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**Training Coordinators**  
Rally/Obed:  
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*VACANT*

**Obedience Trial**  
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nolanmilano@gmail.com  
  
**Past President**  
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ngiltner623@gmail.com

**Agility Trial**  
Louise Brady  
Michael Fields  
Stephanie Schuster  
starweim@aol.com (Louise)  
stephanieschuster@sbcglobal.net

### VHOC Standing Committees

**Agility Trial Volunteer Workers**  
Nancy Giltner

**Banquet**  
Ann Hills  
Allison Pobirs  
Jennifer Voogt

**Seminar Coordinator**  
*VACANT*

**Food & Hospitality**  
Allison Roberts

**Trophies**  
Deborah Lang  
Ann Hills

**Newsette**  
Deborah Lang

**Website Administrator**  
Jennifer Voogt

*Welcome to our New Members!*

*(in order to activate membership, applicants need to attend one general meeting or volunteer to help at a VHOC event)*

**Nancy Smith - with her Aussies - Echo, Izzy, Delta and Juliette**

**Annual Awards Banquet  
is  
this Sunday 4/14.  
I hope to see everyone  
at B.J's**

**VHOC Training Classes**

**Obedience - Beginning Competitive - Thursday 6:30, Simi Valley**

**Obedience - Open / Utility Obedience—Thursday 7:45, Simi Valley**

Instructor: Patti Rovtar, For more information, please contact Patti Rovtar at [pattirovtar@gmail.com](mailto:pattirovtar@gmail.com)

**PLEASE CHECK WITH OUR INSTRUCTORS FOR NEW CLASS START DATES**

**VHOC Website— <https://www.vhoc.org/copy-of-group-classes>**

**Agility - Skills & Drills - Mondays 6:30 and 7:30, Reseda**

Instructor: Olga Chaiko, For more information, please contact Ann at [tonkanuki@aol.com](mailto:tonkanuki@aol.com)



## AMERICAN KENNEL CLUB

### GOVERNMENT RELATIONS DEPARTMENT

April 8, 2024

<https://www.akc.org/legislative-alerts/ca-update-los-angeles-consider-breeder-permit-suspension-tomorrow-call-councilmember/>

### **Summary:**

On Wednesday, April 3, the Los Angeles Neighborhoods and Community Enrichment Committee voted to send a proposal to the full Los Angeles City Council that would **suspend the issuance of new breeding permits. The full city council will consider the proposal on Tuesday, April 9. See below for more info!** **Reminder: this proposal would impact all who breed in the city, and as currently enforced, it could also impact owners of intact dogs even if they are not currently breeding. [Read AKC's previous alert](#) for more details on the proposal.**

### **What You Can Do:**

#### **SCROLL DOWN FOR TALKING POINTS**

Submit written comment at [LACouncilComment.com](http://LACouncilComment.com); file number: 23-1008

**Attend the Los Angeles City Council's Tuesday meeting and express your opposition:** *The proposal is scheduled to be discussed on:*

*Tuesday, April 9 at 10:00 AM*

*John Ferraro Council Chamber*

*Room 340, City Hall*

*200 North Spring Street, Los Angeles, CA 90012*

*Note: The Council meetings will be broadcast live on Cable Television Channel 35, on the internet at <https://clerk.lacity.gov/calendar>, and on YouTube. The live audio of the hearing will be available via telephone at: (213) 621-CITY (Metro), (818) 904-9450 (Valley), (310) 471-CITY (Westside), and (310) 547-CITY (San Pedro Area). If the live video or audio is unavailable via one of these channels, members of the public should try another channel.*

**The City Council will take public comment from members of the public in the Council chamber and also by teleconference.** *Members of the public who wish to offer public comment to the Council via teleconference should call 1 669 254 5252 and use Meeting ID No. 160 535 8466 and then press #. Press # again when prompted for participant ID. Once admitted into the meeting, press \*9 to request to speak.*

### **Contact your member on the Los Angeles City Council:**

**Los Angeles residents are strongly encouraged to contact your councilmember** (find your councilmember by clicking [here](#) and entering your address):

District 1: Councilmember Eunisses Hernandez; [hernandez@lacity.org](mailto:hernandez@lacity.org); 213 473-7001

District 2: Councilmember Paul Krekorian; [Krekorian@lacity.org](mailto:Krekorian@lacity.org); (213) 473-7002

District 3: Councilmember Bob Blumenfeld; [blumenfeld@lacity.org](mailto:blumenfeld@lacity.org); (213) 473-7003

District 4: Councilmember Nithya Raman; [contactCD4@lacity.org](mailto:contactCD4@lacity.org); (213) 473-7004

District 5: Councilmember Katy Yaroslavsky; [yaroslavsky@lacity.org](mailto:yaroslavsky@lacity.org); 213 473-7005

District 6: Councilmember Imelda Padilla; [padilla@lacity.org](mailto:padilla@lacity.org); 213 473-7006

District 7: Councilmember Monica Rodriguez; [rodriguez@lacity.org](mailto:rodriguez@lacity.org); (213) 473-7007

District 8: Councilmember Marqueece Harris-Dawson; [harris-dawson@lacity.org](mailto:harris-dawson@lacity.org); (213) 473-7008

District 9: Councilmember Curren D. Price, Jr.; [price@lacity.org](mailto:price@lacity.org); 213 473-7009

District 10: Councilmember Heather Hutt; [cd10@lacity.org](mailto:cd10@lacity.org); 213 473-7010

District 11: Councilmember Traci Park; [park@lacity.org](mailto:park@lacity.org); 213 473-7011

District 12: Councilmember John Lee; [Lee@lacity.org](mailto:Lee@lacity.org); (213) 473-7012

District 13: Councilmember Hugo Soto-Martinez; [soto-martinez@lacity.org](mailto:soto-martinez@lacity.org); (213) 473-7013

District 14: Councilmember Kevin de León; [kevindeleon@lacity.org](mailto:kevindeleon@lacity.org); 213-473-7014

District 15: Councilmember Tim McOsker; [mcosker@lacity.org](mailto:mcosker@lacity.org); 213 473-7015





**AMERICAN KENNEL CLUB**  
GOVERNMENT RELATIONS DEPARTMENT

## Breeder Permit Suspension—continued

Some points to be sure to mention to your councilmember:

- Remind them that responsible breeders are not the reason for shelter population concerns. In fact, responsible licensed breeders are part of the solution – providing well-bred dogs to families and ensuring these dogs never end up in shelters.
- Ensure that the councilmembers understand the difference between an intact animal permit and a breeding permit and that under *current* law residents should not be forced to purchase a breeding permit simply to maintain an intact animal. Remind them that responsible owners of intact animals are not the reason for shelter population concerns.
- Ask your councilmember to consider adopting the same standards or similar standards for issuing an intact animal permit for issuing breeding permits, including allowing a permit for dogs registered with a national or international kennel club with appropriate documentation.
- In terms of addressing issues in animal shelter system, offer your councilmember the following steps which would have a greater impact on shelter system than banning responsible breeding:
  - Ensure good data collection to determine where issues are originating and allow for arising problems to be adequately addresses.
  - Require all animals received in the shelter system to be checked for microchips so lost pets can be quickly reunited with their owners and don't languish in shelter system taking up valuable space and resources.
  - Make sure low-cost spay and neuter funds are available to all who need it and ensure that program availability is widely known through community outreach.
  -

[Statistics provided by the city](#) demonstrate that many of the dogs coming into the shelter system are owner surrender. It is highly unlikely this is all due to irresponsible breeders. Often, dogs are surrendered due to economical or other unforeseen circumstances, including housing. Consider offering tax credits or other programs to incentivize greater acceptance of pets in residential housing to address issue of pets ending up in shelter system only because of housing issues.

Develop a plan to manage “dangerous dogs” taken in and kept in the shelter system.

Visit [Breeding Regulations and Restrictions](#) in the AKC Legislative Action Center for more talking points and information.

AKC GR will provide updates as warranted on next steps as they are available. For questions or more information on California legislation, contact AKC GR at [doglaw@akc.org](mailto:doglaw@akc.org).

## Got News?

*Do you have a brag? Did you get a new puppy? Is your dog celebrating a birthday?  
Do you have other dog-related news, photos, articles, humor or upcoming events you'd like to share?*

*Do you have a canine product or service you'd like to promote?  
Ads are only \$10.00 a month, or \$50.00 for an entire year.*

Email me for more information, or just send your stuff to:

Debbie Lang at  
[djlang@sbcglobal.net](mailto:djlang@sbcglobal.net)

**Submission deadline is the 8th of each month**

**This is YOUR Newsette...make it great!**

# RATTLESNAKE AVOIDANCE CLINIC FOR DOGS



RATTLESNAKE VACCINES WILL BE AVAILABLE ONLY SATURDAY May 4th

If your dog is exposed to rattlesnakes hiking, hunting, or even in your backyard, you may want to consider Snake Avoidance training. If a rattlesnake should cross your path, your dog could safely alert you to its presence. The Snake Avoidance Clinic will be conducted by Jon Auer. Jon has over 30 years experience training dogs, including 25 years with NAVHDA, 3 years training K9 officers for the Orange County Sherriff's department, and 7 more years working with his K9 officer.

David Hinebaugh D.V.M., formerly of Granada Hills Veterinary Clinic, will be available on Saturday only to administer Rattlesnake Vaccines (\$35) and provide other veterinary services. Please let us know if you need the rattlesnake vaccine.

**DATES: May 4th and May 5th, 2024 (Saturday and Sunday)**

**TIME: 8:00 AM to 6:30 PM, by appointment only**

Appointments every 15 min. – you will only be here for 1 hour

**PLACE: Sporting Dogs B&B  
(near Gorman, CA)**

**COST: \$85**

Call or e-mail today for information or to make your reservation. Please include desired time and date on e-mail.

Beth Worrell  
619-997-6277  
[sportingdogsbeth@verizon.net](mailto:sportingdogsbeth@verizon.net)

A confirmation letter will be sent upon receipt of your e-mail. Please be patient if you don't hear back right away – I will respond in the order received, but may be AWOL for a few days.



## **Daneen Fox at Action Dog Sports – Stone Pony Ranch is offering two Rally seminars - each is one half day.**

### **1<sup>st</sup> Half day Rally Seminar**

Novice/Advanced Seminar will be **Tuesday April 30th from 2:30 to 7:30pm.**

Tips and Tricks for Handlers and/or Dog New to the Sport of Rally

This seminar will cover signs 1-123 (i.e. all Novice, Intermediate, and Advanced signs). Proper performance of each of these signs will be reviewed along with a judge's perspective on what is a correct performance. Tips and tricks will be provided to assist the handler in completing the course correctly and with a motivated dog. Gray areas that are not specifically covered by the rules will also be discussed. Working spots will include attempting the more difficult signs during the seminar with direction and a teaching course will be set up for performance by all teams. Analysis of the course will follow each performance.

### **2<sup>nd</sup> Half day Rally Seminar**

Master/Excellent Seminar will be **Wednesday May 1st (After the Agility Trial) from 3:00 - 8:00pm.**

Tips and Tricks for Handlers Working in the Upper Levels of Rally

This seminar will cover signs 201-322 (i.e. all Excellent and Master signs) and also any Advanced signs that are often faulted for those working on RACH. Proper sign performance will be reviewed along with a judge's perspective on what is a correct performance. Tips and tricks will be provided to assist the handler in actively progressing through the upper levels of rally obedience. Gray areas that are not specifically covered by the rules will also be discussed. Working spots will include attempting the more difficult signs during the seminar with direction and a teaching course will be set up for performance by all teams. Analysis of the course will follow each performance.

### **Presenter Information**

Seminars will be presented by Shannon Jones. Shannon has been an AKC Rally judge since 2012 and had the pleasure of judging the Rally National Championship (RNC) in 2017 and 2023. She began participating in rally in 2001 prior to it being a titling sport. She has also participated in and/or is actively a judge for WCRL, C-WAGS, ASCA and UKC rally. Her current canine teammates are Doberman Pinschers. Andi (6.5 years old) has completed RACH2 and will be competing at the RNC at the Championship level this year (she previously competed in 2022 and has been qualified to attend multiple years). Devlyn (3 years old) is currently over halfway to her first RACH and will be competing at RNC at the Championship level this year (she was also qualified in 2022).

**There will be 8 working spots ONLY at each seminar. Price is \$85.00 for a working spot. Unlimited Auditing will be \$25.00 per person.**

This is now open to the first 8 people for each seminar that pay thru Zelle to [Daneenfox@aol.com](mailto:Daneenfox@aol.com).

Please put your name, dogs name, breed, and which Date you want in the notes section of your Zelle payment.

You may Enter or Audit one or both of these Seminars. You are not limited to one seminar.

For questions or to verify available open working spots please contact

Daneen Fox at [daneenfoxis@gmail.com](mailto:daneenfoxis@gmail.com)

## Good dog! Pets can understand words, study finds



ELECTRODES are affixed to a dog's head to see how its brain responds to hearing a familiar word, then seeing an object that either does or does not correspond. (Oszkar Daniel Gati)

By Karen Kaplan

Our dogs understand us better than they've been given credit for — and scientists say they have the brain-wave evidence to prove it.

By placing electrodes on the heads of 18 pet dogs, researchers found striking evidence that the animals did not merely recognize the patterns of sound that [come out of their owners' mouths](#) but also realized that certain words refer to specific objects.

The [findings](#) were reported Friday in the journal Current Biology.

“For decades there has been a debate about whether animals are capable of such a level of abstraction,” said study leader [Marianna Boros](#), a neuroscientist and [ethologist](#) at Eotvos Lorand University in Budapest, Hungary. The experiments with dogs knock down the uniqueness of humans “a little bit.”

A few exceptional dogs have been trained to learn the names of hundreds of objects. Among the most esteemed was [Chaser](#), a border collie from South Carolina who could [remember the names](#) of more than 1,000 toys.

Boros wondered whether more dogs understand that words have meanings but have no way to show it. Even when dogs succeed in behavioral studies, she said, “you never know exactly what happens in the brain.”

So she took inspiration from researchers who study language processing in humans and got an [electroencephalogram](#) machine. The EEG measures brain waves and can gauge the difference between the neural responses to a word that's expected and a word that seems to come out of left field.



## Good dog! Pets can understand words, study finds—continued

With a little cleanser, some conductive cream and gauze, the researchers connected the EEG electrodes to the heads of 27 dogs.

Then the dogs listened to recordings of their owners using familiar words in simple sentences, such as “Luna, here’s the ball.”

After a short pause, the owner appeared behind a window with an object in hand. Sometimes it was the object mentioned in the sentence; sometimes it wasn’t. Either way, the electrodes recorded small voltages from the dogs’ brains as they contemplated what they had heard and seen.

The tests went on for as long as a dog was willing to stay on its mat and participate, Boros said.

“The EEG studies with dogs are quite easy to run,” she said. “They don’t need to do anything. They just lay down.”

The 18 dogs that were able to sit through at least 10 trials were included in the analysis.

With all but four of them, the EEGs revealed a distinct pattern: The wave signals dipped significantly lower when there was a match between the word and the object than when there wasn’t.

It was reminiscent of the difference seen in EEGs when humans are confronted with a word that seems out of place, such as a request to wash your hands with soap and coffee. [Neuroscientists interpret this](#) as a sign that the brain had been expecting another word — “water” instead of “coffee” — and had to do some extra work to understand the sentence.

Boros and her colleagues posit that the same thing happens in the brains of dogs.

After hearing its owner use the word for an object, the animal called it up in its mind in anticipation of seeing it. Then, when an object appeared, it was either the thing that was expected or something that threw the dog for a loop. The reason the dog could tell that something was amiss was that it understood the spoken word.

The gap between hearing the word and seeing the object is key, said [Lilla Magyari](#), a cognitive neuroscientist at the University of Stavanger in Norway, who worked on the study.

If a dog heard the word “ball” while looking at a ball in its owner’s hands, it might guess that the two go together because they are present at the same time, she said. But the experiment’s design prevented that from happening. Instead, the dog must have created an accurate mental representation of the spoken word.

The dog was thinking, “I heard the word; now the object needs to come,” Magyari said.

“Ball” was the most common vocabulary word among the dogs in the study. Several had words for “leash,” “phone” and “wallet.” Most had at least one name for a favorite toy, including one pet that understood four distinct words for different toys in the experiment.

It’s unclear from the study results whether all dogs have the capacity to learn words.

## Good dog! Pets can understand words, study finds—continued

The ones that participated in the experiment were volunteered by their owners, who vouched that their pets knew at least five words for objects. (One dog was said to have a vocabulary of 230 nouns.)

[Marie Nitzschner](#) spent a decade studying the cognitive abilities and communication skills of dogs at the Max Planck Institute for Evolutionary Anthropology in Germany. She said she had ever met only one dog that seemed to know words for specific objects. Even so, she said, the study makes a strong case that the phenomenon is real.

“It appears to me to be conclusive,” said Nitzschner, who was not involved in the work.

She added that dogs who lack this ability have nothing to worry about, “because we still have [good communication options](#). However, if I noticed that my dog had a talent in this direction, I would probably try to encourage this talent.”

Dog lovers are sure to be intrigued by the linguistic capabilities of their best friends. But the researchers see the study as a way to investigate why humans excel at language when other animals don't.

“It's kind of a mystery,” Magyari said. “We don't know why all of a sudden humans were able to use such a complex system.” By breaking it down into its component parts and studying whether any of them are shared with animals, “we can construct a theory about how language evolved in humans,” she said.

Of all species on Earth, dogs are singular study subjects because they live their entire lives immersed in a world rich with human speech. And unlike with cats, the ancestors of dogs were [selected for domestication](#) based on their ability to communicate with humans.

“It's super relevant for them,” Boros said.

Article URL— [enewspaper.latimes.com/infinity/article\\_share.aspx?guid=c3073cea-19de-4346-9c58-d7e25258297e](http://enewspaper.latimes.com/infinity/article_share.aspx?guid=c3073cea-19de-4346-9c58-d7e25258297e)

Submitted by Laurie Burnam

*Tired of training outside?*

*Preparing for that  
big, noisy indoor show?*



*Need to do some fine-tuning  
in front of a big mirror?*

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Boasting “Agiliflex” rubber flooring, our 1600+ square feet of space and 35 feet of mirror are waiting for you and your canine pal to come train in!

We have obedience jumps, baby gates, crates and some agility equipment too.  
Available to rent to individuals for just \$25 an hour.

Also available for pre-approved events and small groups at an additional cost.

**Call 818-832-9906 for more information**  
[www.j9sk9s.com](http://www.j9sk9s.com)

## Neural evidence for referential understanding of object words in dogs

### Highlights

- Dogs' object word understanding is probed with EEG in a semantic violation paradigm
- Mismatch between prime word and target object evoked a human N400-like ERP effect
- This is neural evidence for object word-elicited mental representations in non-humans
- Dogs' object word understanding is thus, similarly to humans', referential in nature

The link below (submitted by Tommy Dickey) directs you to the Current biology site—where there is a 2+ minute video on Neural evidence for referential understanding of object words in dogs.

[https://www.cell.com/current-biology/fulltext/S0960-9822\(24\)00171-4?ck\\_subscriber\\_id=2496796752&utm\\_source=convertkit&utm\\_medium=email&utm\\_campaign=Dogs+may+“see”+objects+in+their+minds+-+13461213](https://www.cell.com/current-biology/fulltext/S0960-9822(24)00171-4?ck_subscriber_id=2496796752&utm_source=convertkit&utm_medium=email&utm_campaign=Dogs+may+“see”+objects+in+their+minds+-+13461213)



### Save the Date

**Sunday June 9th** will be our next General Meeting that will also be a **Fetch Workshop**.

**10 AM to 3 PM**

(This is not a trial)

VHOC will provide the main course for a potluck.

This workshop will be at “The Field”

More information will be coming.

Please Contact Me With All  
Your Real Estate Needs Or Questions!



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# 11 Ways to Break a Sweat With Your Dog

By [Erin Shea](#)

Updated: Mar 14, 2024 | 3 Minutes

Staying active is important for both humans and dogs alike. The CDC recommends that an average healthy adult should get [150 minutes of moderate-intensity activity per week](#). Dogs also need [regular exercise](#), but how much depends on your dog's breed and age. [Growing puppies](#) are not yet ready to take on as much activity as adult dogs. And [active breeds](#), such as [Border Collies](#) or [German Shepherd Dogs](#), thrive on daily physical activity.

If you're looking for a new way to [get moving with your canine pal](#), here are 11 ways to try to exercise with your dog.

- 1. Go for a Walk:** This one is simple and obvious, but [walking your dog](#) is an easy way to keep you and your pet active and social. If you walk your dog in a busy area, [make sure that your dog is polite and their focus is on you](#), not on the other people or dogs. And if you have a puppy, [teach them how to walk on a leash](#).
- 
- ©otsphoto - stock.adobe.com*
- 2. Go for a Run:** If your dog is well-behaved while walking, try adding jogging or [running with your dog](#) into the mix. Ease into running by alternating between walking and running. Gradually build up the time you spend jogging (for example, alternate between jogging for 60 seconds and walking for 90 seconds during your 20-minute walk). Be aware of your dog at all times and stop if they look uncomfortable. If you and your dog love running together, challenge yourself to build up to a [dog-human 5K race](#). If you're unsure if your dog is up to it, ask your veterinarian.
  - 3. Play Fetch:** Instead of just standing while your dog retrieves the ball, try doing a set of lunges, squats, jumping jacks, or another exercise before your dog makes it back to you. Change up your exercise between throws and use a [ball launcher](#) to really give you and your dog a workout.
  - 4. Try Dog Sports Like Agility:** A fun canine sport, [agility](#) will get you and your dog really moving as you work as a team to complete a timed obstacle course. If you're interested in various [dog sports](#), take our quiz to find out [which dog sport you should try](#) with your pet.
  - 5. Dog +Yoga = Doga:** “[Doga](#)” is similar to the regular mind-body workout of yoga, but it's with your dog. Practicing yoga can help tone muscles and increase flexibility. While some yoga studios may offer dog-friendly classes, there are a number of tutorials online if you want to give the sport a try at home.
  - 6. Dance with Your Dog:** Not only does dancing provide a good cardio workout, but dancing with your dog can be a fun way to bond and stay active together. And if you're really serious about it, there are many “[canine freestyle](#)” and other dog dance competitions around the world. If you're interested, you can try it yourself at home or attend local events put on by a few organizations, including the [Canine Freestyle Federation](#).
- 
- ©Sabine Glässl - stock.adobe.com*



## 11 Ways to Break a Sweat With Your Dog—continued

**7. Take a Hike:** Consider going [hiking with your dog](#). Find a nearby hiking trail to make your regular walks more challenging. Keep your eye out for wildlife and be aware of [poisonous plants](#) and [insects](#) that could carry disease. If you live in a city, try urban hiking between a few landmarks or your favorite dog-friendly places.

**8. Train Your Dog to Do Tricks:** [Teach your dog some tricks](#) that will impress your friends and keep you both moving. Try teaching leg weaves or [how to go under the bridge](#). If you and your dog master a few tricks, try putting them together to [create a routine](#).

**9. Ride a Bike or Go Rollerblading:** If you have a very active dog, [riding a bike](#) or rollerblading while your dog runs alongside could be a good way to burn off some energy. Before you start make sure your dog is not scared of your rollerblades or bike, and that you are able to pay attention to your dog while you ride.

**10. Attend a Dog-Friendly Fitness Class:** There are a number of dog-friendly fitness instructors who offer yoga, Pilates, and aerobics classes, both in person and online, or try out [AKC FIT DOG](#).

**11. Play Soccer:** Soccer requires a lot of physical endurance and coordination, but it can be a fun and easy game to play in your backyard with your dog. Some dogs will go after the [soccer ball](#) naturally, while others may need some training and guidance. While some dogs may want to chase after the ball, some want to play goalie.

Before you engage in exercise with your dog, make sure that both you and your dog are physically up to it. Consult your veterinarian as to what types and how much exercise is right for your dog before embarking on a new exercise routine.

Remember to take regular breaks and stay appropriately hydrated or cool. Be aware of the weather and avoid exercising in [extreme heat](#). If your dog is showing signs of difficulty breathing or exhibits symptoms of other health issues, call your veterinarian.

Article URL - [11 Ways to Break a Sweat With Your Dog – American Kennel Club \(akc.org\)](https://www.akc.org/11-ways-to-break-a-sweat-with-your-dog/)



*Niall Pinder via Getty Images*



*Laurie Atkinson/©American Kennel Club*



"Can't take my dog?! But I don't even know HOW to run without my dog!"

# Braggs

## Nancy Smith with Izzy and Echo

We attended the Kern County Kennel Club Cluster March 28-30. Izzy got her final Q to earn her **AKC Novice Rally title**. She also completed four rounds of FAST CAT, each clocked in excess of 24 miles per hour. Additionally, Echo earned her first AKC Novice Obedience leg and also exceeded 24 miles per hour in her four FAST CAT runs. Both dogs did their best to tell me that FAST CAT was more fun than rally/obedience.

We were quickly attracted to the new AKC Fetch Program. Both **Echo and Izzy earned Novice Fetch titles** at High Desert Dog Sports on “opening day” February 3 and then Izzy earned her **Intermediate Fetch title** at Stone Pony’s trial February 29.

Izzy is also a member of the AKC Agility Team “Antelope Valley Weave Pole Dancers,” currently ranked in the top 10 teams for in the Freshman Regulation competition. Fingers crossed for a jump in ranking when the final numbers are entered for the recently completed Season 6 of Agility League.

Echo earned her **10th ASCA Agility Trial Championship** March 10 at the Sunrise Ranch trial. Echo was also awarded **Veteran High in Trial** at the Sunrise Ranch ASCA trial April 7.

## ATCH X ECHO



Izzy with her AKC Intermediate Fetch certificate.



**Flo Walberg and Ashley**

We went to the Bakersfield show last week and Ashley was great. She got **High in Trial and 2 High Combined Awards.**

Picked up 18 OTCH points and she got her **OTCH3!!!** Lovely!!!

# OTCH 3 Ashley



**Debbie Lang and Morgan**

Morgan finished his **Herding Tested Title (HT)** at the Inland Empire Herding Dog Association (IEHDA) trial Saturday March 23rd. And qualified for an extra passing run on Sunday March 24th.



# Braggs

**Michele Goyette and Ember**

Ember, my 4 year old Aussie got her **Advanced Rally title** at the German Shepard club trial held March 23 with a score of 92 ( due to human not paying proper attention) however the next day she competed again with a score of 98, taking first place ( human did much better).

Additionally on April 4 at an agility trial held by the Poodle Club of So California, Ember completed her **Open Standard Title** !! So proud of my sweet girl



**Marcia Siderow and Remi**

Remi not only got a Double Q last weekend, but today, April 10th, is his eleventh birthday and he got his **Master Bronze Jumper Preferred title** in the mail today.

**Marcia Siderow and Pippin**

Pippin got his first title last weekend from Tri Valley. He got his **Novice FAST title**.



**Braggs**



**Laurie Burnam with Scusi and Tesla**

ASCSC/MAX Agility trial, Juniper Hills, Calif. , April 6,7, 2024

**Scusi**

- Elite Regular 10 point Q 2nd place
- Elite Regular 5 point Q 1st place
- Elite Regular 5 point Q 2nd place
- Elite Gamblers 10 point Q 1st place
- Elite Gamblers 10 point Q 3rd place
- Elite Jumpers 10 point Q 2nd place
- Elite Jumpers 10 point Q 2nd place

**Tesla**

- Elite Regular 5 point Q 4th place
- Elite Regular 5 point Q 4th place
- Elite Regular 5 point Q 5th place
- Baaad wild child not getting more



**Robyn Zeldon and Lyric**

Lyric earned her last leg and **titled in Beginner Novice** Obedience and she also earned her second leg in Rally Intermediate with a 4th place today at the German Shepherd Dog Club of the San Gabriel Valley trial on March 23, 2024

# Braggs



# Braggs

## Robyn Zeldon and Luca

Luca earned a leg towards her NACSW NW3 title and her **NW3 Interior and Exterior titles** on March 19, 2024 at March Air Museum.



## Cynthia Casby with Potter and Gryff

Poodle Club of Southern California under Mark Upshaw

Potter FINALLY got that last Excellent Pref JWW and is totally in Masters! **NEW AXJ Title**

Gryff got his last **Novice Std Pref** leg and is now in Open on both. **New NAP Title**

We got IN the tracking trial in Chula Vista instead of being an alternate!!! So I will miss the Awards in favor of the VST trial.



## Monica Nolan and Rose

In March Ms. Rose placed 1st (with a score of 196) in Graduate Novice at the GSD March 24th trial. Her first Q in this class. And she earned her **Community CGCA tile!**



# Newsette



**Next General Meeting**  
**June 9th Fetch Workshop**  
**at "The Field"**