

SEPTEMBER
2011

VHOC Newsette

Volume 57 Issue 9



Official Newsletter of Valley Hills Obedience Club, Inc.
P. O. Box 10132, Canoga Park, CA 91309
VHOC Website: www.vhoc.org

Submission deadline is the 8th of each month



MARK YOUR CALENDAR

General Membership Meeting

Friday, October 7, 6:30 – 9 p.m.

Canoga Park Lutheran School
7357 Jordan Ave, Canoga Park, CA

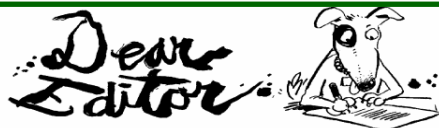
VHOC 2011 TRIAL AWARDS FUND DONATIONS NEEDED



If you have not yet pledged sponsorship for a class or made a donation to the General Awards Fund yet, we are actively seeking your support for our club! Everyone who contributes will be acknowledged in our Trial Catalog for your generosity.

We are requesting a contribution of \$25.00 for each Class or Breed Group you choose to sponsor. For General Fund donations, no amount is too small! Class sponsorship will cover first place trophies and rosettes through 4th place. We need to cover the cost for Obedience, Rally, Groups, and Special Awards for two days. Please help support your Club!

Contact Caroline van der Wyk at cvdw@earthlink.net or Ann Hills at tonkanuki@aol.com for more information or to make a pledge!



Please send brags, photos, announcements, articles, and other information to Carole Hills at: cahills1@verizon.net
on or before the 8th of each month.

Inside this issue

Special Announcements	1	Vacation in Scotland	6
Agility Brags, Scores, Photos	2	HDLRC Flyer	7
Obedience Brags, Scores, Photos	3	3 Step Training Rule	8
Member News/New Members	4	Board Meeting Minutes	9
Member News	5	Fun Stuff	10

BRAGS & SCORES

AGILITY

Laurie Burnam & Scout: *August 26, 2011, Orange Coast Rhodesian Ridgeback Club, Walnut, CA:*
Exc JWW, 100 Q, 5 MACH points; Exc Std, 100 Q, 14 MACH points—**Double Q #11**

Laurie Burnam & Scout: *August 27-28, 2011, ASCA MAC, Lakeview Terrace, CA:*
Elite Reg, 10-Q, 1st Place, Elite Reg, 10-Q, 2nd Place, Elite Reg, 10-Q, 3rd Place,
Elite Jumpers, 10-Q, 2nd Place, Elite Jumpers, 10-Q, 2nd Place.

Laurie Burnam & Scout: *September 3-5, 2011, Golden Retriever Club of Greater LA, Industry, CA:*

Triple double Q, Triple double Q, Triple double Q!

First time ever to get 6 qualifying runs out of 6 classes!

Exc Std, 100 Q, 13 MACH points, Exc JWW, 100 Q, 5 MACH points; Exc Std, 100 Q, 10 MACH points,
Exc JWW, 100 Q, 9 MACH points; Exc Std, 100 Q, 12 MACH points, Exc JWW, 100 Q, 3 MACH points.

Total 14 double Q's and 538 points. Getting closer!!!

Laurie writes: "Scout for the first time ever Q'd in all 6 agility classes this weekend, 3 double Q's #12, 13 & 14 with 52 points making it to 538 points towards her MACH. Yahoo—she was such a good girl and got all 6 triples, 6 doubles and 18 contacts!!!! I was worried because she threw up after the first run and a little more at the end of the day but she eats everything off the ground so no wonder. It was hot there that day, so who knows. Terry must have been right to have her jump 16" in class to save her energy for the trials, now that she is 11 years old." — Laurie :-))))

Stephanie Colman & Quiz: *July 29-30, 2011, ASCA Three Rivers Working
Aussie Assn., Yamhill, Oregon:*

Elite Gamblers, 10-Q, 4th Place; Elite Regular, 10-Q, Elite Jumpers,
10-Q, Elite Jumpers, 10-Q.

Stephanie writes: "A long day for sure ... five runs of agility and a ring of obedience. We were there from 8 am to 10 pm!"

"The trial site was a beautiful farm with rolling green pastures and plenty of space for the dogs to romp between runs. Weather was wonderful and we were happy to miss the scorching heat and humidity back home. After Oregon, we continued up to Seattle for another seven days of fun with friends, and more beautiful weather. We were gone a total of 16 days and the dogs were fantastic travelers."

See more brags from Quiz on Page 3 — Obedience.



Debbie Lang & Quila: August 14-14, 2011, DASH, Costa Mesa, CA:

Double Q #14 and 15, 29 MACH points for the weekend.

Debbie Lang & Quila: *August 20, 2011, Keeshond Club of So Cal, Walnut, CA:*

T2B, Q #6—4 points, Exc B JWW, Q, 1 MACH point.

Debbie Lang & Quila: *August 27, 2011, Orange Coast Rhodesian Ridgeback Club, Walnut, CA:*

T2B, Q #7—5 points.

Debbie Lang & Quila: *September 3-5, 2011, Golden Retriever Club of LA, City of Industry, CA:*

T2B, Q #8—8 points, **Double Q #16**, 17 MACH points for the weekend.



Quila now has enough Double Q's and MACH points for Nationals in March 2012!!

Member News



WELCOME NEW MEMBER APPLICANTS

Susan Blackburn & her Flat Coated Retriever, Tatum

Sue Ingham & her Golden Retriever Cross, Flynn

These applicants have already attended their first General Membership meeting to activate their membership!

Member News

VHOC RAFFLE DONATIONS NEEDED!

It's that time of year again and we are preparing for our upcoming trial in December. We are collecting raffle donations of cash and/or items. Any large or small dog (or non-dog) item can be used. We have all received items that aren't right for our dog but may be perfect for someone else. We also need baskets. You can bring your donations to the CPLS training site Tuesday or Thursday night or make arrangements for us to pick up the items at a show or meeting. Please contact Cindi Malchosa at cindi4pets@aol.com ahead of time to be sure someone will be there to receive your donations. **We also welcome monetary donations which will be used to purchase larger items as well. You can bring checks to the school or mail them to:**

C. Hills, VHOC Treasurer
10944 Rathburn Avenue
Northridge, CA 91326

All donations are welcome and needed in order for our raffle to be a success.

Thank you,

Cindi Malchosa, Allison Pobirs, Jan Racey and Christy Tattersall — VHOC Raffle Committee

A Tip from Dogster.com submitted by Harvey A. Lawson

Save Your Lipstick from Your Dog and Vice Versa

By Helen Fazio, Travel Dog Blogger

Your friends come over for a party and leave their purses on the floor. Your dog discovers two tasty things inside them: lipstick and chewing gum with xylitol (a low cal sweetener). Lipstick is non-toxic, but xylitol is very dangerous to dogs and dogs are very much attracted to it. For parties, invite your friends to put their purses in a designated closet or bedroom and then shut the door. Moochers thwarted! Lipstick saved! Moochers also saved!



VHOC BOARD OF DIRECTORS

President.....Nancy Giltner
Vice President.....Carole Raschella
Corresponding Secretary.....Ann Hills
Recording Secretary.....Dawn Esposito
Treasurer.....Carole Hills
Membership.....Cindi Malchosa
Publicity.....Christy Tattersall
Agility TrialKim Simons
Obedience TrialLaurie Burnam & Gwen Luoff
TrainingL. Burnam, M. Cornell, K. Simons

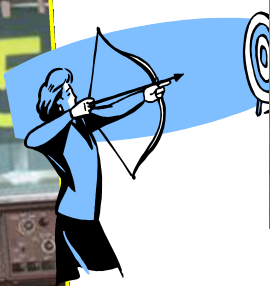
VHOC STANDING COMMITTEES

Agility Trial Volunteer Workers.....Kim & Terry Simons
Banquet..... Laurie Burnam, Stephanie Colman, Ann Hills
Catalog.....Carole Raschella
Food & Hospitality.....Nancy Giltner
General Meetings.....Stephanie Colman & Ann Hills
Newsette.....Carole Hills
Raffle.....C.Malchosa, A.Pobirs, J.Racey, C.Tattersall
Seminar Coordinator.....Nancy Giltner
Show-N-Go.....Sandy Walton
Trophies.....Caroline van der Wyk
Website AdministratorJennifer Voogt
Yahoo GroupAllison Pobirs

The Simons Vacation



VHOC Agility Instructors, Kim & Terry Simons, in Scotland



High Desert Labrador Retriever Club



11th and 12th Back to Back Specialties

*Dedicated to Winnie Limbourne
founding member of HDLRC and beloved friend*

Saturday, November 12

*Barbara Nowak (Broyhill)
Conformation*

*Leslie Plank (Forestwood)
Sweepstakes*

Sunday, November 13

*Clare Senfield (Allegheny)
Conformation*

*Lisa Cruanas (Laurglen)
Sweepstakes and Junior Showmanship*

*Linda Hause
All Breed Obedience and Rally*

Thousand Trails Soledad Canyon Resort
Acton, CA

For more information visit www.hdlrc.com

Three Step Training Rule: Building Subconscious Skill and Self-Image at the Same Time

The main purpose of this training rule is to work on technical skill and improve confidence at the same time. You must protect your Self-Image while improving your ability. This type of training allows you to do both.

The first step is to always start your training session with success. To improve the likelihood that you will start off with success, always begin your training with an area of strength. This helps build confidence in the self-image. After you start off your practice with an area of strength, your attitude will be focused on success. This attitude will carry over and put you in the right mindset for an effective training session.

The second step is to always work on your weak areas in the middle part of your training session. Make sure to start easy and work towards the harder part of your training. This approach protects your self-image while building the necessary subconscious skills needed to perform at a higher level.

The final step is to always end with success. Save your best strength and practice it last. If you're a golfer and putting is the strongest part of your game, then it should be the last thing you practice. This step improves the likelihood of ending on a positive note. The purpose for organizing your training in this manner is to allow for a more effective and efficient training day.

This is a short excerpt from Troy Bassham's new book "Attainment - The 12 Elements of Elite Performance". This section is from Chapter 3 - Purposeful Practice. His book is coming soon — audio will probably be ready first!

You may be familiar with Lanny Bassham, MENTAL MANAGEMENT SYSTEMS - Perhaps listened to or Read WHAT EVERY OBEDIENCE COMPETITOR SHOULD KNOW FIRST also available for Agility, Rally, Freestyle and multitude of other non-dog sports i.e. shooting, bowling, golfing, even public speaking. He is well known for With Winning in Mind. The mental component of sports is equally important as the technical skills. It is all in the attitude!

Submitted by Allison Pobirs



Tired of training outside? Preparing for that big, noisy, indoor show? Need to do some fine tuning in front of a big mirror? Come enjoy climate controlled comfort at the J9'sK9s Training Facility! Located in the west San Fernando Valley, at 21720 Sherman Way in Canoga Park, California. It's 1/2 block west of Owensmouth Street, upstairs from "C & C Pet Food". Our immaculate, carpeted facility with over 1600 square feet and a 35 feet of mirror is available for rent to individuals and their canine partners for \$10 an hour. We have competitive obedience equipment, baby gates, crates and some agility equipment too, just waiting for you and your dog to come and play with! Also available for pre-approved events and small groups at an additional cost. Call (818) 832-9906 for more information.

Valley Hills Obedience Club Board Meeting Minutes

Dawn Esposito, Recording Secretary

August 14, 2011

In Attendance: Laurie Burnam, Stephanie Colman, Dawn Esposito, Nancy Giltner, Ann Hills, Carole Hills, Cindi Malchose, Allison Pobirs, Jennifer Voogt and Sandy Walton.

V.P. (Carole Raschella): Nothing to report.

Treasurer (Carole Hills): **Beginning Balance:** \$9,317.64 **Ending Balance:** \$6,875.47

Recording Secretary (Dawn Esposito): May 15, 2011 were read and approved (via email).

Corresponding Secretary (Ann Hills): AKC Canine Experience scheduled for September 18, 2011 at the George Lane Park in Quartz Hill, CA. Activities include presentations on dog show procedures and dog show entry assistance, handling class, grooming tips, equipment advice, confirmation sanctioned B match and obedience sanctioned C match. September 11 Show n Go hosted by Canine OC of Ventura. Vegas Valley Dog O.C. Obedience and Rally Trial 100th Celebration, February 10-12, 2012 (<http://www.vvdoc.org/evtrials.html>). Trial Chair is Vicki Callahan – email: popaspt89014@yahoo.com

Membership (Cindi Malchose): new members to report at this meeting.

Publicity (Christy Tattersall): Nothing to report.

Training

Competitive Obedience (Moirra Cornell): Nothing to report.

Beginning Obedience/Rally (Laurie Burnam): Beginning OB: 8-10 students. Rally is full. New rally series starts August 23 & 25.

Agility (Kim Simons): Nothing to report.

General Meeting (Stephanie Colman/Ann Hills): August 19th. Main dish (e.g.: pizza) and dessert will be provided.

Newsette (Carole Hills): Member contributions to the Newsette are encouraged and welcomed.

Seminars (Nancy Giltner): Catherine Zinsky seminar March 2012. Contract will be signed to lock in dates. Once received, Nancy Giltner will send a description of seminar topics to the board for an email vote.

Website (Jennifer Voogt): Discussion of adding a Memorial photo page to website.

It was discussed and agreed upon that Class curriculum, days and hours must be kept current and updated. Our website is a great information tool for members and the public. Trainers are reminded to provide Jennifer Voogt jennifer-voogt@gmail.com with updates in a timely fashion.

Yahoo Group (Allison Pobirs): Events and other dog related news posted.

Council (Ann Hills): Top Dog fees same as last year. Packets will be sent in September.

Council is considering venturing into rally and/or agility due to clubs dropping out and low obedience interest. Inquiry regarding what Council can do for clubs only received two responses (one of them ours). Our comment asked for more matches during the year.

Trial / Match: Premium List due by September 28 and will be mailed on October 19. Empire will provide set-up and offering free valet service.

Old Business: Club apparel – possible vests. Stephanie will order a sample vest from clothing vendor (www.queensboro.com) to be presented at next board meeting.

Jennifer Voogt will follow up with CPLS if breaker has been added on the training grounds (near fountain).

New Business: Discussion regarding extending summer hours at training grounds. Discussion regarding agility class set-up.

Meeting Adjourned: 9:00 pm

Next Board Meeting

Date: Sunday, September 18, 2011

Time: 6:30 pm

Location: Nancy Giltner's home

Next General Meeting

Date: Friday, October 7, 2011

Time: TBD

Location: CPLS

Fun Stuff

off the mark by Mark Paris
www.offthemark.com



Submitted by Christy Tattersall

If you know of a member who would appreciate receiving correspondence, such as a get-well card, sympathy card, etc., please email Ann Hills, VHOC Corresponding Secretary, at tonkanuki@aol.com.

We welcome and encourage members to submit articles, brags, scores and photos to publish in the VHOC Newsette. Submissions may be edited for clarity and brevity.

Send to Carole Hills, Editor, at cahills1@verizon.net.

Obedience & Rally Matches

2nd Saturday of each month

Monthly obedience/rally matches held at Louise Park, Van Nuys, S/E corner of Louise Ave./ Sherman Way, west of Balboa. Nested courses: novice, advanced, excellent. \$5.00 per run or 3 runs for \$12.00. Entries at 9:00 a.m. Judging at 10 a.m.

Dog Training Equipment for Sale

Laurie offers a variety of training equipment: Handmade leashes, armband holders, PVC training boxes, ring posts, canine T-shirts and more!

Call Laurie at (818) 784-8440 or email bellaluna@pacbell.net
www.poochabilitydogtraining.com



VHOC Newsette

Valley Hills Obedience Club, Inc.
P. O. Box 10132
Canoga Park, CA 91309



FIRST CLASS MAIL

TO: